TPOPP stands for Transportable Physician Orders for Patient Preferences. The TPOPP form is a bright pink paper that helps doctors, nurses, and emergency care workers honor patient wishes for care at the end of life.

The TPOPP form is for any person with a life-limiting or serious illness.

Your doctor can use the TPOPP form to show your wishes as special medical orders. The medical orders say what types of treatment you would want or would not want at the end of life.

The TPOPP form may have information about your wishes for:
- treatment to restart heart or breathing,
- use of a machine and tube to breath for you,
- use of a feeding tube.

A TPOPP form can:
- Help you and your medical provider discuss and develop plans based on your wishes.
- Help doctors, nurses, and other caregivers who work in health care facilities to honor your wishes for treatment when you are very ill or at the end of your life.
- Help the emergency medical service (EMS) persons care for you based on your wishes.

Having a TPOPP form is your choice.

First, have a TPOPP talk about the type of care you would want if you were very sick or close to death.

Second, together with a doctor or other health care worker fill out the TPOPP form. If you cannot speak or think for yourself, a person you chose to be your decision maker can share your choices and wishes.
Third, the form is signed by your doctor and you (or if you are unable, your decision maker). When both signatures are on the form with dates, the TPOPP form becomes a medical order that is understood and followed by other healthcare persons.

The TPOPP form stays with you and goes with you as you go to and from your home, hospital, long-term care facility and any other care setting.

At home, keep the TPOPP form in a place where it can be seen (like on the refrigerator, by your phone or next to your bed).

If you are in a health care setting like a hospital or nursing home, the TPOPP form is kept in your chart. The original form will go with you if you go from one setting to another.

If you think a TPOPP form is right for you or your loved one, talk to your doctor, nurse or social worker. Your doctor, nurse practitioner, physician assistant, nurse, and social worker are the best source for information about TPOPP.

More information about TPOPP can be found at:
www.practicalbioethics.org

OR

If you have more questions send an e-mail to:
TPOPP@practicalbioethics.org

OR

Call the Center for Practical Bioethics:
816-221-1100