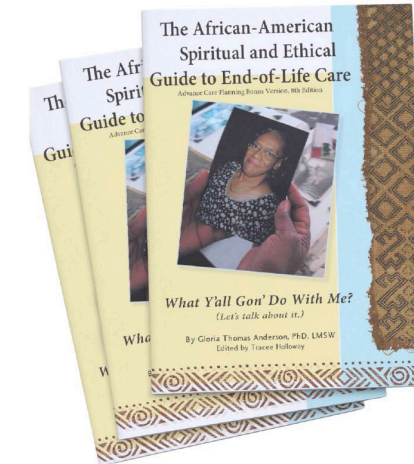


THE "LET'S TALK ABOUT ACP" WORKSHOPS NATIONAL CAMPAIGN

ADVANCE CARE PLANNING (ACP) EDUCATION FOR
AFRICAN-AMERICAN COMMUNITIES



GLORIA THOMAS ANDERSON, PH.D., LMSW

"After experiencing a sudden life-threatening illness that was misdiagnosed, I nearly died. It's so important to let those you love know what your wishes would be if you weren't able to speak for yourself in a medical emergency."

- Dr. Gloria Thomas Anderson


My KC Roots...



A Little Bit About My Educational and Professional Background...

- University-Level Professor in Social Work for 17 years
- Licensed Social Worker, Author, Minister, and Advance Care Planning Expert
- Holds an Interdisciplinary PhD in Curriculum and Instruction and Educational Leadership, Policy, and Foundations
- Research Focuses on Healthcare Equity, Spirituality, and Culturally Responsive Care at End of Life

How did I get into Advance Care Planning ?!?



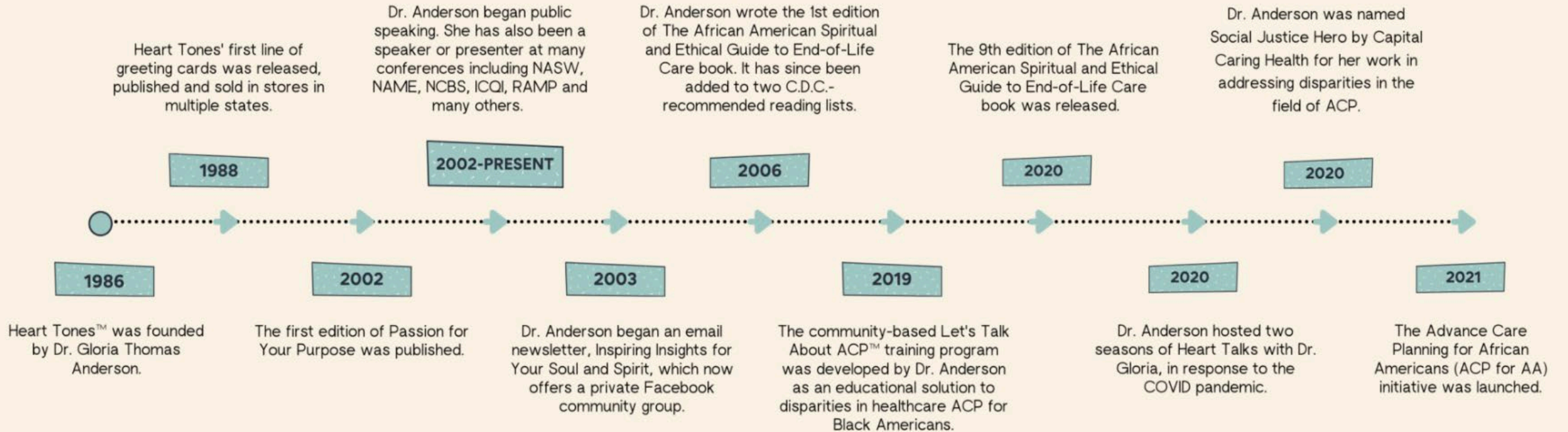
“Regardless of what we do, what we have, or where we go, we are all searching for meaning and purpose as humans being human”.

– Dr. Gloria

My Purpose Journey To Now...

HEART TONES™

Key Events





The African-American
Spiritual and Ethical Guide
to End-of-Life Care
9th Edition, Revised

Special Advance Care Planning Edition



What Y'all Gon' Do With Me?
(Let's talk about it.)

By Gloria Thomas Anderson, PhD, LMSW
Edited by Tracee T. Holloway

Let's Talk About ACP

Community Engagement
& Education Initiative for
African Americans on
Advance Care Illness
Preparation and
End-of-Life Planning



- Cultural
- Historical
- Spiritual



85%

DID YOU KNOW THAT...

African Americans hold
religious or spiritual beliefs that
may influence decision-making
around issues of healthcare and
end-of-life?



“The Black Church is considered a primary community source that serves and influences the spiritual, social, health, and educational well-being of many African Americans.”

Faith Leaders Survey

72

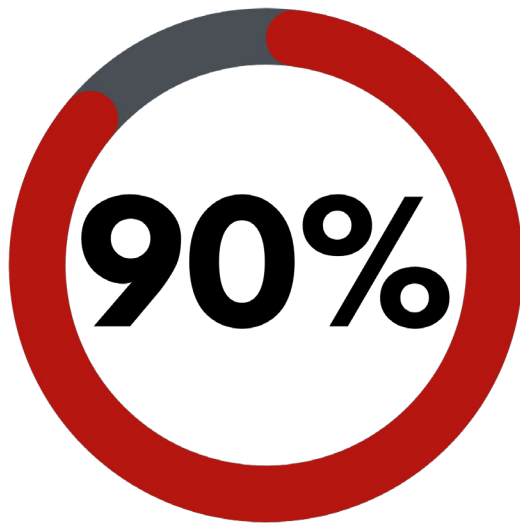
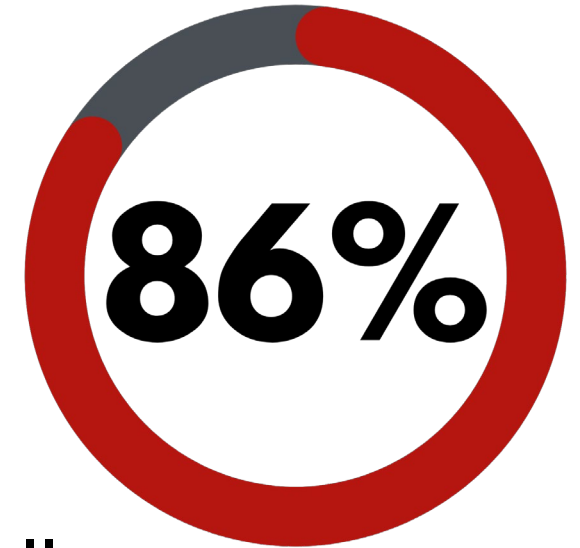
Faith leaders who participated in an online survey expressed their concerns related to advance care planning and end-of-life care education within their congregations.

Saw their church's role as having a responsibility to assist members in end-of-life issues.

87%

Faith Leaders Survey

Did not have an educational program in place to address these matters.



Saw a need to provide a culturally-relevant advance care planning and end-of-life educational program to their congregants and communities.

The Significance

The primary challenge to having conversational engagement around end-of-life planning in many African-American families is attributed to:

- Mistrust issues

“ In many African-American families talking about end-of-life is frowned upon and some fear that they will receive inferior care if they prepare advance care directives (Rhodes, 2017). ”



The Significance

There is a need to present the concept and practices of advance care planning in clear, innovative, culturally relevant ways to reach underserved African-American communities (McDonnell & Idler, 2020, p.2).

- Family-centered
- Community-based
- Culturally appropriate

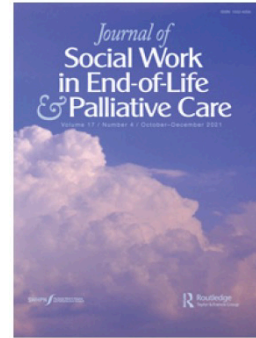
“ Educational programs that originate in the African American community, and are family-centered, community-based, and culturally appropriate may prove successful in increasing uptake of ACP for African Americans (McDonnell & Idler, 2020, p.2). ”



C-TAC's Social Impact Series: "Let's Talk About ACP" Toolkit Equips Faith Leaders to Start Conversations about Advance Care Planning

BY ANDREW LOZANO | SEPTEMBER 1, 2021
<https://bit.ly/49u4O7I>

- "Innovative programs, like Dr. Anderson's "Let's Talk About ACP" toolkit, are needed to help rectify deeply-rooted inequities throughout our healthcare system and to ensure that all receive the quality care and services they deserve. The model proposed in this project uses an approach that centers community values and context to promote health and advance health equity".
- According to Dr. Anderson, "The 'Let's Talk about ACP project addresses the need to better serve underserved communities of color by being a part of the community, establishing trusted relationships with faith leaders, and providing a culturally responsive approach that encompasses the historical, cultural, and spiritual values many Black people embrace."



Journal of Social Work in End-of-Life & Palliative Care

ISSN: (Print) (Online) Journal homepage: <https://www.tandfonline.com/loi/wswe20>

SUCCESSFUL PILOT STUDY

Let's Talk About ACP Pilot Study: A Culturally-Responsive Approach to Advance Care Planning Education in African-American Communities

Gloria T. Anderson

To cite this article: Gloria T. Anderson (2021) Let's Talk About ACP Pilot Study: A Culturally-Responsive Approach to Advance Care Planning Education in African-American Communities, *Journal of Social Work in End-of-Life & Palliative Care*, 17:4, 267-277, DOI: [10.1080/15524256.2021.1976354](https://doi.org/10.1080/15524256.2021.1976354)

To link to this article: <https://doi.org/10.1080/15524256.2021.1976354>



Published online: 03 Oct 2021.



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Article views: 197

**Successful Outcomes On
Our First Virtual
Workshops**

Supporting Evidence

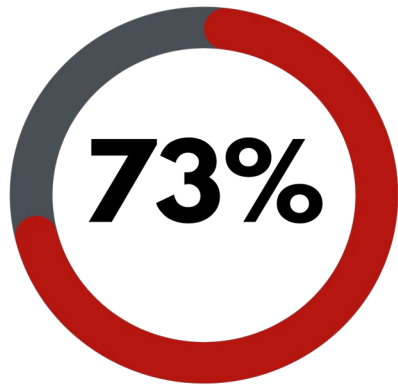
Post-survey results showed:

- an increase in readiness to talk to their doctor and medical decision maker, and ready to sign official papers.
- an increase in confidence when talking to their medical decision maker and their doctor about the kind of end-of-life medical care they would want.



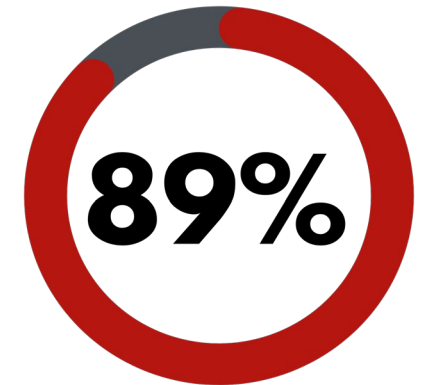
Columbia, SC Pilot Workshop

PRE-SURVEY

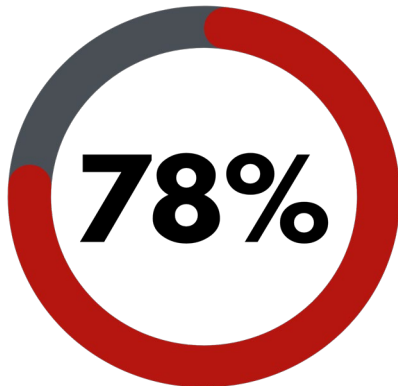


How ready are you to sign official papers putting your wishes in writing about the kind of medical care you would want if you were very sick or near the end of life?

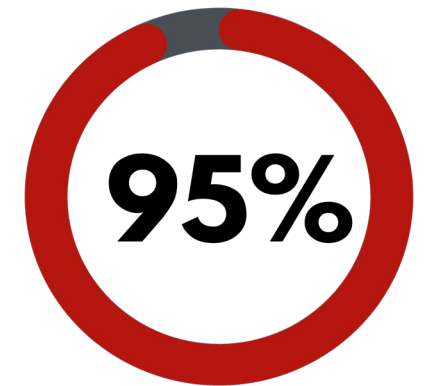
POST-SURVEY



Readiness



How confident are you that today you could talk with your doctor about the care you would want if you were very sick or near the end of life?



Confidence

Kansas City Pilot Workshop

PRE-SURVEY

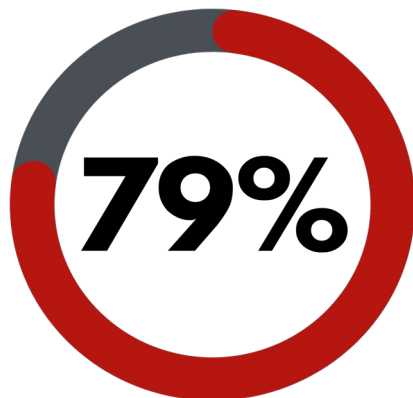


How ready are you to talk to your doctor about the kind of medical care you would want if you were very sick or near the end of life?

POST-SURVEY



Readiness



How confident are you that today you could ask someone to be your medical decision maker?



Confidence

TALK

Let's Talk About ACP Workshop

Designed &
Directed by

Glenn Thomas Anderson, Ph.D., LCSW



Train-the-Trainer Community Model



The Let's Talk about ACP (Advance Care Planning) model is designed to help faith leaders navigate the process and provide ongoing support for one full year.

CURRENT ACP HIGHLIGHTS: Maryland Facilitators

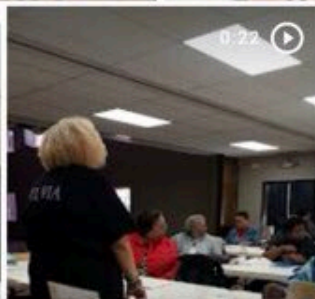
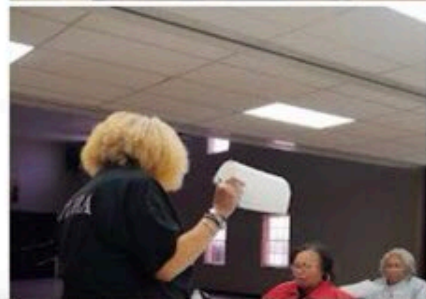


CURRENT ACP HIGHLIGHTS: TN Facilitators



ACP Workshop SPBC 12022023

Dec 2



Facilitators Sylvia & Suzette hosting
Let's Talk About ACP Workshop
Memphis, TN 2023



Say something

ACP FACILITATOR MONTHLY COMMUNITY CHAT

Total Number of
Trained Facilitators
as of April 2024:

25

“LET’S TALK ABOUT ACP”

African American Advanced Care Planning

Let’s Talk About ACP: Facilitator Training (Support and Marketing)

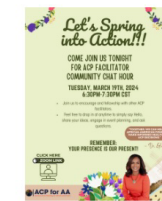
ACP Facilitators Provided Support & Resources :

- Certification Training
- Participant Workbooks
- Customizable Event Flyers
- Workshop Flow Sheet
- Unlimited Program Usage
- Workshop Survey Forms
- Facilitator Guide
- Event Planning Calendar
- Certificates of Completion
- Workshop Presentation
- Early Access & Support
- State ACP Forms

Monthly ACP Facilitator Zoom Meetings with Dr. Gloria

Purpose:

- To provide a safe space for facilitators to meet other facilitators, ask questions, and to encourage fellowship together once a month.
- To provide opportunity to share ideas, events or plans.



One to One Facilitator Zoom Meeting with Dr. Gloria

Purpose:

- To provide support for facilitators to meet one to one with Dr. Gloria to discuss specific upcoming events or plans, ask questions, order books, workshop materials, express concerns, encouragement, or to simply say Hello.



PARTICIPANT TESTIMONIAL COMMENT





“LET’S TALK ABOUT ACP”

African American Advanced Care Planning

**“TOGETHER,
WE CAN HELP THE
AFRICAN- AMERICAN
COMMUNITY
MAKE INFORMED
HEALTHCARE
ADVANCED CARE
PLANNING
DECISIONS”.**

- Dr. Gloria

Thank you!

